

# ST. ANSELM'S PARISH

1 MacNaughton Road, Toronto, Ontario M4G 3H3

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Email: [office@stanselmschurch.com](mailto:office@stanselmschurch.com) Website: [stanselmsto.archtoronto.org](http://stanselmsto.archtoronto.org)



## PARISH STAFF

Fr. Thomas Moore, Pastor

Deacon Daniel McPhee

Barrig Hayward, Administrative Assistant

Goody Cabral, Music Director & Cantor

Aloysius Chan, Organist

## SUNDAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m.

11:00 a.m.

## INDONESIAN CATHOLIC COMMUNITY (UKI)

Sunday Mass: 2:00 p.m.

(Second & Fourth Sundays of the Month)

## WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

## SACRAMENT OF BAPTISM

By appointment – Course Required

## SACRAMENT OF MARRIAGE

Arrangements 12 months in advance

Marriage Course is required

## SACRAMENT OF RECONCILIATION

Please call for appointment.

## MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

## PRAYER GROUP

Meets in the Griffin Room Thursday at 1:00 p.m.

## FALL OFFICE HOURS

By appointment.

## St. Anselm's School

182 Bessborough Drive

Toronto, Ontario M4G 4H5

416-393-5243

## Mass for Intentions Week

**Tuesday, March 1<sup>st</sup>, 8:15 a.m.**

Alice Ward

Requested by Theresa Ryan

**Wednesday, March 2<sup>nd</sup>, 8:15 a.m.**

ASH WEDNESDAY

**Thursday, March 3<sup>rd</sup>, 8:15 a.m.**

For the Intentions Sr. Rose Anthony

Requested by Mel Kostovcik

**Friday, March 4<sup>th</sup>, 8:15 a.m.**

Anne Kostovcik

Requested by Mel Kostovcik

## Ash Wednesday

**MARCH 2<sup>nd</sup>**

There will be two opportunities to attend Mass on **Wednesday, March 2<sup>nd</sup>**. The first will be at 8:15am, and the second at 7:00pm. In accordance with guidelines from the Archdiocese, ashes will be sprinkled above the head this year to maintain the physical distancing still in place inside churches.

### **SAVE THE DATE!** **SPRING "BUNDLE UP" WEEKEND**

Our spring dates for the Society of St. Vincent de Paul's "Bundle Up" are **April 23/24**. The truck will be in the church parking lot on those dates and will gratefully accept gently used clothing, shoes, bedding and linens. More information to follow.

### **Come and See - Day Retreat**

**Saturday, March 19 (9:00am – 3:30pm)**



### **St. Augustine's Seminary**

Inviting single Catholic men 18 years and older, to cultivate a deeper prayer life and relationship with Jesus Christ; leading to a better discernment of God's call for their lives. Time for prayer, reflection and information on the process of becoming one of Christ's disciples as a Catholic priest. Register online at

[www.vocationstoronto.ca/comeandsee](http://www.vocationstoronto.ca/comeandsee)

For more information, please contact (your Parish Priest) or the Office of Vocations via email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org).

Poster: <https://bit.ly/ComeandSeeMarch2022>

## **VOCATIONS**

"In the Lord your labour is not in vain". Is the Lord calling you to work in His vineyard? Pray to hear God's call. If God is calling you, to be a priest, religious or deacon, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

[vocations@archtoronto.org](mailto:vocations@archtoronto.org)

[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

## **WE'RE HERE TO HELP**

The parish office remains closed to the public however appointments are always available. Voicemail and email are being checked on a regular basis, as is the mailbox just outside the office door. Please don't hesitate to reach out to us by phone or by email.

As you have heard, the province is once again easing certain restrictions. We will still be able to welcome parishioners while maintaining a physical distance of 6 feet between households until further notice. Masks must still be worn indoors.

If you are feeling unwell, we ask that you please stay home and take good care.

## **Pre-Authorized Giving**

The Archdiocese of Toronto has established a Pre-Authorized Giving Plan (PAG) to assist you in your support of the work of the parish through your regular parish offerings. To accomplish the mission entrusted to us by Christ, the parishes depend entirely on the generosity of their parishioners. Pre-authorized giving allows you to give to your parish through scheduled monthly transfers from your bank account or credit card. These funds are then deposited directly to the parish account.

There are various benefits of participating in pre-authorized giving, both for you and for your parish.

### **Advantages for you:**

The convenience of having your offering automatically contributed to the parish.

Knowing you continue to support the parish even when you are away.

Continual support of ministries and programs funded through the parish.

### **Advantages for the Parish:**

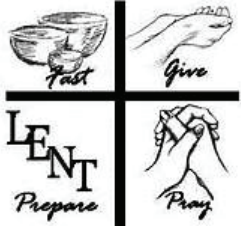
Regular, dependable contributions to the parish.

Reduction of cash on hand.

Reduction of paperwork.

For information on how to enrol, please contact your parish office or email [development@archtoronto.org](mailto:development@archtoronto.org)

## The Lenten Journey



Today, let us turn our eyes forward to the time of Lent, which begins this coming Wednesday, March 2<sup>nd</sup>. Lent calls us to remember who we are. We remember that we

are creatures of the earth. We remember that we are mortal beings. We remember that we are baptized. We remember that we are people on a journey of conversion. We remember that we are members of the body of Christ. Renewing our sense of who we really are before God is the core of the Lenten experience. It is so easy to forget and fall into habits of sin, ways of thinking and living that are contrary to what God wants for us. From the very beginning of Lent, God's Word calls us to conversion, to *metanoia*.

### What is *METANOIA*?

To think of Lent only as a time of penance is to do it an injustice. While the traditional practice of "doing something" for Lent is praiseworthy, there is much more to this wonderful season than just additional practices of piety or acts of penance and mortification. In Lent the Church calls us to *metanoia*. The word *metanoia* means a change of mind and heart, altering one's mind-set toward whole new ways of thinking and acting. This involves taking a look at where we are and trying to see where we ought to be. It involves testing our values and discerning how they stack up against the values that Jesus offers his followers. Fortunately, *metanoia* is not something we have to do all by ourselves. God's word gives us a lot of help in the process, as does the example of our brothers and sisters in the Lord who are engaged, during these weeks, in the same exercise. During Lent, we are invited to prepare to renew our own commitment to the life that began in us when we were baptized. Lent prepares us for Holy Week, for those most sacred days in the Church's year when we celebrate the suffering and death of Jesus, the Lord's gift of himself in obedience to the mission he received from his heavenly Father. Of course, the suffering and death of Jesus—and his resurrection—present questions and challenges to each of us in the context of our own

mission as followers of Christ and so in our process of *metanoia*. Listen, pray, act!

### **The Lenten Journey...**

What is turning our eyes from Christ? How can we give up on the old ways to prepare for a new life in Christ? What can we give up in order to become the holy women and men God calls us to be?

### **WHAT TO GIVE UP . . .**

Give up complaining. . . . focus on gratitude.  
 Give up pessimism. . . . become an optimist.  
 Give up harsh judgments . . . think kindly thoughts.  
 Give up worry. . . . . trust Divine Providence.  
 Give up discouragement. . . be full of hope.  
 Give up bitterness. . . . . turn to forgiveness.  
 Give up hatred. . . . . return good for evil.  
 Give up negativism . . . . be positive.  
 Give up anger. . . . . be more patient.  
 Give up pettiness. . . . . become mature.  
 Give up gloom. . . . . enjoy the beauty around you  
 Give up jealousy. . . . . pray for trust.  
 Give up gossiping. . . . . control your tongue.  
 Give up sin. . . . . turn to virtue.  
 Give up giving up. . . . . hang in there!

Lent calls us to new life in Christ, to give up our old way of being and become more Christ-like in our thoughts, words and deeds. These changes do not end when Lent is over. As we work towards a return to life following the last two years of pandemic measures, let us pray that this time of Lent will truly be a time for us to make the changes that can transform our relationships with God, each other and within ourselves. Happy Lenten Journey!

*We are grateful for your ongoing support of your parish as we continue to operate under capacity limits at this time. **Our offertory and building funds are crucial to daily operations.** You can request a box of donation envelopes, enrol in our parish pre-authorized giving (PAG) program or make a secure one-time or recurring donation online by visiting [ADoT Parish - Toronto East Donation Form - Archdiocese of Toronto \(archtoronto.org\)](https://www.archtoronto.org/donations) and choosing "St. Anselm" from the drop-down menu of parishes. Cheques may be mailed or dropped off in the parish office mailbox at any time. Thank you for your support!*



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