

# ST. ANSELM'S PARISH

1 MacNaughton Road, Toronto, Ontario M4G 3H3

Phone: 416-485-1792 Fax: 416-485-4920

Email: [office@stanselmschurch.com](mailto:office@stanselmschurch.com) Website: [stanselmsto.archtoronto.org](http://stanselmsto.archtoronto.org)



## PARISH STAFF

Fr. Thomas Moore, Pastor  
Deacon Daniel McPhee  
Barrig Hayward, Administrative Assistant  
Goody Cabral, Music Director & Cantor  
Aloysius Chan, Organist

## SUNDAY MASSES

Saturday: 5:00 p.m.  
Sunday: 9:00 a.m.  
11:00 a.m.

## INDONESIAN CATHOLIC COMMUNITY (UKI)

Sunday Mass: 2:00 p.m.  
(Second & Fourth Sundays of the Month)

## WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

## SACRAMENT OF BAPTISM

By appointment – Course Required

## SACRAMENT OF MARRIAGE

Arrangements 12 months in advance  
Marriage Course is required

## SACRAMENT OF RECONCILIATION

Please call for appointment.

## MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

## PRAYER GROUP

Meets in the Griffin Room Thursday at 1:00 p.m.

## FALL OFFICE HOURS

By appointment.

## St. Anselm's School

182 Bessborough Drive  
Toronto, Ontario M4G 4H5  
416-393-5243

## SECOND & THIRD SUNDAY OF LENT

### Mass for Intentions Week **THIS IS A TWO-WEEK BULLETIN**

**Tuesday, March 15<sup>th</sup>, 8:15 a.m.**

Molly Brennan

Requested by Lucy Brennan

**Wednesday, March 16<sup>th</sup>, 8:15 a.m.**

Sean Brennan

Requested by Lucy Brennan

**Thursday, March 17<sup>th</sup>, 8:15 a.m.**

Richard Ryan

Requested by Theresa Ryan

**Friday, March 18<sup>th</sup>, 8:15 a.m.**

Theresa Darragh

Requested by The Sherlock Family

**Tuesday, March 22<sup>nd</sup>, 8:15 a.m.**

William Bolger

Requested by The Sherlock Family

**Wednesday, March 23<sup>rd</sup>, 8:15 a.m.**

Chris O'Toole

Requested by The Sherlock Family

**Thursday, March 24<sup>th</sup>, 8:15 a.m.**

For the Deceased Members of the Aust Family

**Friday, March 25<sup>th</sup>, 8:15 a.m.**

Salvatore and Rosaria Buffa

Requested by the Family

***Group "A" Casseroles will be collected NEXT  
Saturday, March 19<sup>th</sup> between 4:00 and 5:00pm  
in the church parking lot. Thank you, St. Anselm  
Casserole Chefs!***

### **DAYS OF CONFESSION FOR LENT**

The Archdiocese of Toronto has designated **March 27-April 2 and April 3 – April 9** as Days of Confession in parishes across the city.

Each parish will offer opportunities to go to Confession during this time. You can find an updated schedule for neighbouring parishes at [Archdiocese of Toronto - Day of Confessions - Central Region \(archtoronto.org\)](http://www.archtoronto.org)

At St. Anselm, confessions will be heard on Tuesday, **March 29<sup>th</sup> from 9:00-10:00am, and 5:00-6:00pm.**

### **CAPACITY RESTRICTIONS**

As of **March 1<sup>st</sup>**, we are able to welcome parishioners without capacity restrictions. Masks must still be worn for the duration of the time spent inside the church.

### **SAVE THE DATE!**

#### **SPRING "BUNDLE UP" WEEKEND**

Our spring dates for the Society of St. Vincent de Paul's "Bundle Up" are **April 23/24**. The truck will be in the church parking lot on those dates and will gratefully accept gently used clothing, shoes, bedding and linens. More information to follow.

### **UKRAINE – HUMANITARIAN RELIEF**

Ukraine has been plunged into war after the Russian military invaded the country last week, resulting in widespread violence and a looming humanitarian crisis. In response to the request of parishioners, the Archdiocese of Toronto has launched a humanitarian relief effort to help the Ukrainian people at this time.

Hundreds of thousands of Ukrainian civilians have already fled their homes and are trying to find shelter in neighbouring countries. The United Nations estimates that there could eventually be up to five million Ukrainian refugees, depending on how the war transpires.

The Archdiocese of Toronto will channel donations to support the Office for Refugees, Archdiocese of Toronto (ORAT) and the Catholic Near East Welfare Association (CNEWA). CNEWA is a papal agency with a long history of humanitarian relief; it is currently working in Eastern Europe, providing Ukrainians with food, shelter, medicine and transportation to safe locations. ORAT is Canada's largest private Sponsorship Agreement Holder, which helps bring hundreds of newcomers to our country each year; it will use donations to bring Ukrainian refugees to Canada as soon as possible.

Your donation will help Ukrainians who are beset by violence in Eastern Europe and it will help some of them find a new home in Canada.

**Those wishing to help may do so in the following ways:**

Online through the Archdiocese of Toronto website:

[www.archtoronto.org](http://www.archtoronto.org)

By phone through the Development Office – 416-934-3411

Through the parish, making cheques payable to:  
St. Anselm – Ukrainian Relief – Humanitarian Relief

Please continue to pray for the Ukrainian people and all those who suffer under the human tragedy of war. Thank you for your continued assistance.

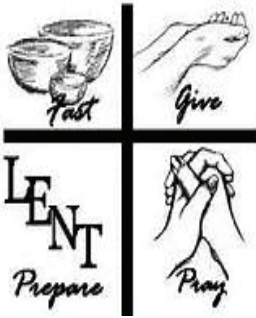
Gen 15:5-12, 17-18 Psalm 27

Phil 3:17-4:1

Luke 9:28-36

“The Lord is my light and my salvation”

**Lenten Transformation**



Transformation experiences — significant and subtle, profound and superficial, good and bad— are an inherent aspect of the human condition. Transformations are clearly observable in nature as one season yields to another; natural processes are sometimes beautiful,

sometimes frightful. When the trees that became barren in winter begin to remember their leaves in the spring, the changes are a delight to behold. When those same leaves are transformed from green into radiant yellows, reds and oranges in the fall, they evoke wonder in all who see them. However, when an entire landscape is leveled and a population decimated by a natural catastrophe, delight and wonder become distant memories.

When human beings participate in the process of transformation, the results can be similarly remarkable and equally ambivalent. For example, the transformation of a baby to a child to an adult can be amazing to witness, but when that same human being is ravaged by a grave and debilitating illness, one must look much deeper to find the person’s true loveliness. While the process of aging is an unavoidable transformation, there are other, optional transformations that many willingly experience. For example, a popular television series called “The Biggest Loser” follows the progress (or not) of several overweight competitors. Coaches and nutritionists aid the contestants, whose strength, courage and perseverance are challenged at every turn. After weeks of rigorous work, punctuated by regular weigh-ins, pep talks, many tears and some laughter, the losers of all that weight seem to have been reborn. Although their external appearance is dramatically different, and their lives will probably be altered forever by their experience in the program, it was an interior transformation of mind and will and heart that made their outward metamorphosis possible. Comparable transformations occur when young men and women join the military. After boot camp, they return home to visit family members who are awed by the changes they see. But underneath the uniform and the new, more disciplined demeanor is the real reason for the differences: These young recruits have made a commitment, and in the process of keeping that

commitment, a change that grows within them begins to be reflected in their outward appearance.

Deep sorrows and great joys also have the potential to transform people. Those who have lost a parent, a spouse or a good friend to death seem also to have lost something of themselves. The void they carry in their souls will also be etched on their faces. Grief counselors have even associated such spiritual wounds with an increase of physical ailments. By the same token, joy radiates from a couple newly in love; their intimate care for one another transforms their faces, quickens their hearts and lightens their steps. Expectant parents are said to glow. Even before its birth, their child’s presence has already begun to transform them.

The sacred texts for today invite us to consider how and why the lives of Abraham, Jesus and Paul’s converts in Philippi were similarly transformed. Abram’s encounter and covenant with God proved to be a life-altering moment for him. No longer a wandering Aramean, Abraham would become the father of a people whose faith, like his, continues to transform lives and change the world for the better. Changed by his experience of Jesus, Paul continues to remind believers that our commitment to Christ will one day result in our transfiguration unto glory. Although the disciples in the Lucan Gospel described Jesus’ glorious transfiguration in physical terms, it was his inner being that changed his outward appearance. His growing awareness of himself and his role as God’s Word of love for the world was becoming evident in him. His deepening commitment to the mission he had been sent to accomplish made Jesus transparent. He glowed with passion and purpose that would enable him to continue his journey to Jerusalem, to the cross and to death. Through his saving passage from death to life, Jesus has given each of us the grace that will change us and enable us to glow and to grow until he comes to take us home.

*We are grateful for your ongoing support of your parish. **Our offertory and building funds are crucial to daily operations.** You can request a box of donation envelopes, enrol in our parish pre-authorized giving (PAG) program or make a secure one-time or recurring donation online by visiting [ADoT Parish - Toronto East Donation Form - Archdiocese of Toronto \(archtoronto.org\)](#) and choosing “St. Anselm” from the drop-down menu of parishes. Cheques may be mailed or dropped off in the parish office mailbox at any time. Thank you for your support!*

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