St. Anselm's Parish

1 MacNaughton Road, Toronto, Ontario M4G 3H3

Phone: 416-485-1792 Fax: 416-485-4920

Email: office@stanselmschurch.com Website: stanselmsto.archtoronto.org



PARISH STAFF

Fr. Thomas Moore, Pastor Deacon Daniel McPhee Barrig Hayward, Administrative Assistant Goody Cabral, Music Director & Cantor Aloysius Chan, Organist

SUNDAY MASSES

Saturday: 5:00 p.m. Sunday: 9:00 a.m. 11:00 a.m.

INDONESIAN CATHOLIC COMMUNITY (UKI)

Sunday Mass: 2:00 p.m.

(Second & Fourth Sundays of the Month)

WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

SACRAMENT OF BAPTISM

By appointment - Course Required

SACRAMENT OF MARRIAGE

Arrangements 12 months in advance Marriage Course is required

SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

PRAYER GROUP

Meets in the Griffin Room Thursday at 1:00 p.m.

FALL OFFICE HOURS

By appointment.

St. Anselm's School

182 Bessborough Drive Toronto, Ontario M4G 4H5

416-393-5243



Tuesday, February 7th, 8:15 a.m.

Bernice Sherlock Requested by the Family

Wednesday, February 8th, 8:15 a.m. Roger Habbouche

Requested by his loving family

Thursday, February 9th, 8:15 a.m. Josephine Doner Requested by Joan and Dave Moore

Friday, February 10th, 8:15 a.m. Salvatore and Rosaria Buffa Requested by the Family

2022 tax receipts were mailed out last week. If you haven't received yours yet, please keep an eye out for it as it will arrive this week. Online donations are receipted separately by the Archdiocese, and St. Vincent de Paul donations will receive a separately mailed receipt as well.

GOOD SHEPHERD REFUGE CASSEROLES

If you are interested in joining the casserole program for the new year, we provide the pan, lid and recipe. You deliver a frozen casserole to us on the third weekend of every other month. It's as simple as that! Please email yvonne.gray@bell.net or office@stanselmschurch.com for details.

To the youth in our parish who are looking for meaningful opportunities to complete their volunteer hours AND learn valuable life skills at the same time – please discuss this option with your parents to see if it's right for you.

Group B casseroles will be collected on Saturday, February 18th from 4:00 – 5:00pm in the church parking lot.

WE NEED YOUR HELP

ST. ANSELM'S PANCAKE SUPPER 2023 (?)

If you are interested in organizing and leading our parish's first Shrove Tuesday supper since before the pandemic, we would love to hear from you!

You would need to gather a group of willing volunteers to set up, cook, serve and clean up. Further details will be provided. If you feel you can take this on, please contact the parish office soon as this year's supper cannot happen without you!

WANTED: Choir Members

The members of St. Anselm's Church choir would like to extend an invitation to the singers and instrumentalists in our congregation. We are actively seeking new members leading up to Easter.

We would also be happy to have you as permanent members if that is something you think you can embrace. We look forward to meeting new members. Please speak to our director, Goody Cabral after Mass on Saturday or Sunday. You can also email Goody at goodycabral@gmail.com

STAY TUNED – for information about registering for our book club for Lent, led by our pastor Fr. Tom Moore!



"Humanity still has the ability to work together in building our common home. Here I want to recognize, encourage, and thank all those striving in countless ways to guarantee the protection of the home which we share." (Pope Francis, LS 14) Walk, bike, or carpool when possible.

Adopt EASY adjustments to your driving habits: Avoid idling. Turn the ignition OFF while waiting. Group errands & plan routes to avoid unnecessary emissions.

When collecting a take-out meal, decline the plastic cutlery and advocate for sustainable packaging.

Shop locally & purchase locally-made, locallysourced goods. When possible, choose organic materials and opt for fair-trade products.

Include ONE additional vegetarian and/or vegan option in your weekly meal planning.

We are grateful for your ongoing support of your parish. Our offertory and building funds are crucial to daily operations. You can enrol in our parish pre-authorized giving (PAG) program or make a secure one-time or recurring donation online by visiting ADOT Parish - Toronto East Donation Form - Archdiocese of Toronto (archtoronto.org) Thank you for your support.

WORLD DAY OF PRAYER FOR THE SICK

Next Saturday, February 11th is World Day of Prayer for the Sick. There will be a communal celebration of the Sacrament of the Sick following the 5:00pm liturgy.

Who is this for? Anyone dealing with an illness or condition that seriously affects their physical and/or mental health. Sorry, the common cold doesn't qualify. Anyone in the community who is advanced in years is also welcome to celebrate.

SUNNYBROOK SPEAKER SERIES

Join leading experts for a virtual evening talk about Women's Heart Health on **Tuesday**, **February 21**st **from 6:30 – 8:30pm.** This lecture will only be accessible online at sunnybrook.ca/speakerseries

Isa 58:6-10 1 Cor 2:1-5 Psalm 112 Matt 5:13-16

Called To Discipleship – Salt & Light to the World



David Livingstone spent 30 of his 60 years on earth as a missionary and philanthropist in Africa. He was internationally famous because of his travels and his work for the Royal Geographical Society: He searched for the source of the Nile, was the first European to

see (what he named) Victoria Falls, and "discovered" many other wonders for the Western world. He was also a remarkable Christian whose salt and light transformed the lives of untold numbers of people. When people questioned him about his discoveries, Livingstone preferred to speak of his efforts at abolishing the slave trade. He always thought of a missionary not as "a dumpy sort of man with a Bible under his arm. ... I am serving Christ when shooting a buffalo for my men, or taking an astronomical observation." Among those deeply affected by Livingstone was Henry M. Stanley, a reporter who was sent from the New York Herald in 1869 to find Livingstone. At that time, Livingstone had not been heard from in years, and many people presumed him dead. He found Livingstone in Tanzania in 1871.

Of his encounter, Stanley wrote: "I went to him as prejudiced as the biggest atheist in London. ... I saw this solitary old man there, and asked myself ... 'Is he cracked or what? What is it that inspires him?' For months after we met I simply found myself listening to him, wondering at the old man carrying out all that was said in the Bible. ... Little by little his sympathy for others became contagious ... seeing his piety, his gentleness, his zeal, his earnestness ... I was converted by him, although he had not tried to do it."

By his example and dedication, Livingstone served as the salt and light that transformed Stanley. In today's sacred texts, Isaiah and the Matthean Jesus similarly challenge believers to be the salt and light that will transform themselves and, through them, the world. To set their darkened world alight, the sixthcentury prophet called his contemporaries to share their bread with the hungry, shelter the oppressed and homeless, clothe the naked and not turn their backs on their own. These acts of kindness are disarmingly simple. There is no challenge here to obey the minutiae of the law scrupulously or tend to every detail of every liturgical ritual with conscientious correctness. No, these kind acts challenge us to look beyond the law and beyond liturgy to that place where God's justice demands that we care for one another, especially for those in need. These corporal works of mercy, as they were later called, have the potential to illumine a life darkened by need. As such, they reflect the glory of God, and, as the prophet has suggested, they help sinners who wish to be forgiven and rehabilitated. When Jesus called disciples to share in his efforts at being salt and light for the world, he was also specific in explaining how this might best be done. He equated the good deeds we do for others with the light that enables others to see and believe and glorify God. He also charged his own with the task of being salt — that is, to preserve and not to destroy, to add flavor and zest where there would otherwise be insipidness and indifference. To be salt for others will also require believers to live in a manner that leads others to thirst for a share in that same way of life. When converts approach a particular community with a desire for belonging, it is probably not dogmas or erudition that has drawn them near. Rather, the kindness and dedication of another person, such as the earnestness that transformed Stanley when he met Livingstone; the good deeds we do for the poor; the welcome that the marginalized find in our presence; the courage to speak truth to power and to work for justice ... these are the experiences of salt and light that create and sustain Christians and build community. These are the experiences we are empowered, by grace, to extend to one another.

Paul, whose words speak to us in today's second reading, was intensely aware that any good he did, any power he possessed and any persuasive wisdom he had did not originate in him. Rather, all he had rested in the power of God at work in him, enabling him to continue to be salt and light for generations of believers. That same power, that same grace is at work in us, making us the salt of the earth and the light of the world - not for our own sake but for all those whom God places along our way to love and serve.

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