

ST. ANSELM'S PARISH

1 MacNaughton Road, Toronto, Ontario M4G 3H3

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PARISH STAFF

Fr. Thomas Moore, Pastor

Deacon Daniel McPhee

Barrig Hayward, Administrative Assistant

Goody Cabral, Music Director & Cantor

Aloysius Chan, Organist

SUNDAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m.

11:00 a.m.

INDONESIAN CATHOLIC COMMUNITY (UKI)

Sunday Mass: 2:00 p.m.

(Second & Fourth Sundays of the Month)

WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

SACRAMENT OF BAPTISM

By appointment – Course Required

SACRAMENT OF MARRIAGE

Arrangements 12 months in advance

Marriage Course is required

SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

PRAYER GROUP

Meets in the Griffin Room Thursday at 2:00 p.m.

PARISH OFFICE HOURS

Tuesday – Thursday 9:00 a.m. – noon;

1:00 p.m. – 4:00 p.m.

St. Anselm's School

182 Bessborough Drive

Toronto, Ontario M4G 4H5

416-393-5243

Mass for Intentions Week

Tuesday, February 27th, 8:15 a.m.

Kim Best

Requested by the Family

Wednesday, February 28th, 8:15 a.m.

For the Intentions of Andy & Rachel Oh

Requested by Angela Oh

Thursday, February 29th, 8:15 a.m.

For the Deceased Members of the Aust Family

Friday, March 1st, 8:15 a.m.

Salvatore & Rosaria Buffa

Requested by the family



LENT 2024 (Feb 14 to March 28) provides a faith-based opportunity for personal ecological discernment and for strengthening one's commitments to caring for our planet.

Small individual adjustments in our **DAILY HABITS** do make a difference. They serve to draw attention to the issues, increase mindfulness, shift attitudes and propel social change.

To conserve **WATER**, abstain from running the tap unnecessarily while washing dishes or brushing your teeth; reduce the length of shower times by even a couple of minutes; select water-efficient settings on dishwashers and laundry machines.

To support cleaner **AIR**, abstain from idling your car. This one simple act of conservation would significantly reduce unnecessary emissions into the **AIR WE SHARE**.

To conserve **ENERGY** (and your pocketbook), when they not in use, **TURN OFF** electrical devices (lights, TVs, computers) and **UNPLUG** small appliances (toasters, chargers, hair driers). Wash clothes in **COLD** water and **AIR DRY** versus operating a dryer.

commit2act.org/wash-in-cold-water

2024 CCCB "JOURNEY THROUGH LENT" SERIES

This year's videos are now available to view by visiting cccb.ca

BOOK CLUB FOR LENT

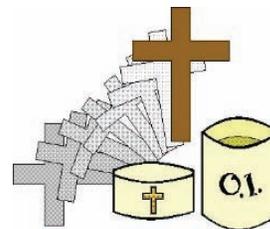
The next book club will meet twice – Tuesday, February 27th and Tuesday, March 5th at 10:00am in the church. We will be discussing the play "Doubt" by John Patrick Shanley.

To join, please call or email the parish office.

SACRAMENT OF ANOINTING OF THE SICK

will be celebrated during Mass next

Saturday, March 2nd at 5:00 p.m.



Sacrament of Anointing

When we come face to face with our own mortality, we can experience great anxiety. The Anointing of the Sick can be a moment of grace, insight and growth as it unites us to Christ, who brings strength, consolation and hope. Jesus teaches us to embrace God's desires and reminds us that our Father is always loving and faithful.

Through this sacrament, people receive forgiveness for their sins and comfort in their suffering; sometimes, they even experience the return of physical health. When you yourself are seriously ill or facing serious surgery, or if you are elderly and slowly experiencing health issues, you are invited to celebrate the Anointing of the Sick on **March 2nd**. According to Church Law, only the sick person is anointed; caregivers and family members who are well are not. If you are unsure, please call the office.

SHOW YOUR LOVE THROUGH SHARELIFE

ShareLife Sunday is March 17

Through your kindness, over 40 Catholic organizations and social service agencies can help marginalized members of our community. No one is turned away due to inability to pay. This is all possible through your support.

Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate

Gen 22:1-2, 9, 10-13, 15-18 Ps 116
Rom 8:31-35, 37 Mark 9:2-10
The Transformative Power of God



Transformation and transfiguration are two words that describe a phenomenon with which all of us are quite familiar. This process of evolving, growing and changing is clearly and beautifully in evidence as the seasons change from one to the other.

For example, winter turns to spring as barren trees and brown expanses of dried grass are taking on a new personality. New green growth, budding flowers and the singing of birds returning from their winter's migration transform the landscape. Some of nature's transfigurations are not quite so beautiful or welcome when floods or fires, storms or earthquakes sweep through an area and leave it unrecognizable. Recall the devastation of recent tornadoes, earthquakes and hurricanes that have totally transformed the demographics of several nations, leaving their inhabitants' lives forever changed. On a human and personal level, transfiguration can take many forms. Anyone who has ever been to their 25th class reunion has witnessed firsthand the fact that time can bring a paunch or a droop to even the most bold and strong physique. Hair goes gray or recedes or disappears completely as youth gives way to maturity. Even the idealism of youth seems to have been transformed as the pressures of making a living and supporting a family urge the visionary and the dreamer to take on a more realistic and practical approach to life. Think

about the physical transfigurations that can result from programs of diet and exercise. Countless print and televised advertisements offer their brand of supplement or their recipes or their weight-loss machine as the key to success. "Before" and "after" pictures, combined with the testimonials of those who have achieved some degree of transformation in their own lives, encourage others to hope for similar results. There are other types of transformation that are less than desirable. Who has not seen a friend or a loved one ravaged by sickness? Who among us is not aware of the wide range of hardships that transfigure some of our beloved brothers and sisters into unrecognizable shells of their former selves, as famine, drought and disease go unattended and unchecked? Still other less important but no less obvious transformations involve new wardrobes or new hairdos that offer a better self-image and, with it, a better approach to life in general. Some transformation efforts are aimed at one's home; those who are willing, submit their personal space to a

team of experts who work together to create an entirely different domestic environment.

While all of these transformations vary in significance, they do share a common characteristic: the changes they portray are external in nature. Each transfiguration primarily affects the physical aspect of the person and may or may not enter into that spiritual place where each of us is truly who we are before God. That place is addressed by the event we celebrate in today's liturgy. In his transfiguration in glory before his disciples, Jesus invites each of us to enter into that experience whereby we are transformed not from without, but from within the depths of our being. That experience and that transfiguration will not be achieved by diet, exercise or complete makeover, or even by aging or sickness. On the contrary, the transformation which we are blessed to experience arises from being in the presence of God. Abram's transformation by the divine presence was outwardly signified by the change of his name to Abraham. Inwardly, Abraham was transfigured from a sincere and humble man searching for a way to believe, to a strong and unshakeable person whose faith enabled him to trust God even when he had to abandon logical reasoning and common sense to do so. Paul, too, was so transfigured by his experience of the risen Jesus that he was able to defend his faith despite all obstacles and to defy even those who had the authority to take his life. As expressed in his letter to the Romans, Paul's transformative courage challenges similar holy defiance against all who are opposed to justice, righteousness and truth.

Ultimately, it is the transfiguration of Jesus that calls out to us most poignantly. So receptive was Jesus to the presence and power of God that his disciples became aware of God with and within him. They wanted to stay and prolong the joy of that moment, and when they went forth from that experience, it was with a new resolve to listen to what Jesus had to say. Is our own experience of God similarly transforming? Do others experience God in our presence? Do they want to listen to what we have to say? Do the changes in me make another want to change?

BUNDLE UP – APRIL 6 & 7

Save the date for St. Vincent de Paul Society's semi-annual Bundle Up collection! The truck will be in our church parking lot on April 6 and 7 for gently used clothing, footwear and household linens.

If you're spring cleaning over the coming weeks, please put aside any such items and they will be gratefully accepted that weekend.

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