

# ST. ANSELM'S PARISH

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## PARISH STAFF

Fr. Thomas Moore, Pastor

Deacon Daniel McPhee

Barrig Hayward, Administrative Assistant

Goody Cabral, Music Director & Cantor

Aloysius Chan, Organist

## SUNDAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m.

11:00 a.m.

## WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

## PARISH OFFICE HOURS

Tuesday – Thursday 9:00 a.m. – noon;

1:00 p.m. – 4:00 p.m.

## SACRAMENT OF BAPTISM

By appointment – Course Required

## SACRAMENT OF MARRIAGE

Arrangements 12 months in advance

Marriage Course is required

## SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

## MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

## SOCIETY OF ST. VINCENT DE PAUL

Helping neighbours in need

## St. Anselm's School

182 Bessborough Drive

Toronto, Ontario M4G 4H5

416-393-5243

## Mass for Intentions Week

**Tuesday, February 3<sup>rd</sup>, 8:15 a.m.**

For the Deceased Members of the Murphy Family  
Requested by Theresa Ryan

**Wednesday, February 4<sup>th</sup>, 8:15 a.m.**

Lucia DiLiddo

Requested by the Family

**Thursday, February 5<sup>th</sup>, 8:15 a.m.**

**Friday, February 6<sup>th</sup>, 8:15 a.m.**



**EcoAnselm**

### "EARTH DAY IS EVERY DAY"

EARTHDAY.ORG's founders "created and organized the very first Earth Day on April 22, 1970". Since then, the Earth Day Network (EDN) has mobilized over 1 billion people annually on Earth Day and EVERY OTHER DAY, to protect the planet: "1 billion people, 150,000 partners, 192 countries". Learn about Earth Day Network's "unwavering commitment to end plastics for the sake of human and planetary health, demanding a 60% reduction in the production of ALL plastics by 2040".

EDN's "PLANET VERSUS PLASTICS" is a call to "advocate for widespread awareness on the health risk of plastics, rapidly phase out all single-use plastics, urgently push for a strong UN Treaty on Plastic Pollution, and demand an end to fast fashion".

Through the choices we make daily, let us each in our own way, strive to support the effort of EDN to move toward a plastic-free planet for generations to come!

<https://www.earthday.org/>

### Shrove Tuesday Pancake Supper – Tickets on Sale

Tickets for our Pancake Supper will be available for purchase this weekend and next \$10 per person or \$25 for a family of three or more. Exact cash would be appreciated. If you're planning on attending on the 17<sup>th</sup>, please consider buying your tickets ahead of time in order to give the organizers an idea of numbers for planning purposes.

*you're*  
**INVITED**

"Cake, Coffee and an

Abundance of Gratitude"

On SUNDAY, FEBRUARY 8<sup>th</sup>,  
following the 11:00 Mass, we will  
be celebrating the "Inauguration of  
the Elevator and Re-Opening of the  
Parish Hall". Please join and share  
in celebrating our community  
gathering space.

### LENTEN BOOK CLUB WITH FR. TOM

All are welcome to join our next book club. Meeting dates are Tuesday mornings, **February 24<sup>th</sup>, March 3<sup>rd</sup> and March 10<sup>th</sup>, from 10-11am**. This time around, we will be discussing the novel "Wicked" by Gregory Maguire (not the same as the musical!)

*If you are interested in participating, please let the parish office know by phone (416-485-1792) or email [stanstelmsto@archtoronto.org](mailto:stanstelmsto@archtoronto.org)*

Location will depend on the number of participants and will be announced closer to the start date.

***St. Vincent de Paul is looking for gently used winter coats/gloves for a girl, size 12-14; and boy size 14. If you can help with this, please call the parish office at 416-485-1792.***

### GOOD SHEPHERD CASSEROLES – GROUP "B"

Group B casseroles for the Good Shepherd Refuge "Provide a Meal" program will be collected **Saturday, February 21<sup>st</sup> from 4-5pm** in the church parking lot.

**Zeph 2:3; 3:12-13**

**Psalm 146**

**Blessed are the poor in spirit;**

**The kingdom of heaven is theirs!**

**1 Cor 1:26-31**

**Matt 5:1-12**



Competition and conflict continue to weaken, and sometimes even destroy, the bonds of human relationships, leaving many people disenfranchised and distanced from what is really going on. This Sunday's readings offer encouragement to the disenfranchised, define the interests of the divine one and present

a way forward for those seeking to live alternatively to the dominant social model of power, prestige, status, control and the colonization of others. As part of the Sermon on the Mount, the Gospel reading from the book of Matthew showcases a narrative that presents a way to live alternatively. This reading, also known as the Beatitudes, features Jesus as having an outline he wants to put forward during a time of great ideological variety, when Jews, Sadducees, Pharisees and Essenes competed for followers. Each sect had its own approach to Judaism and vied for allegiance. While they all believed in the Torah, they disagreed about details of observance. Aside from the Jewish population, various representatives of the Roman government tried hard for power. Priests collected tithes and, as representatives of the Roman government, collected taxes. Zealots wanted to throw off the yoke of Rome. Clearly, Jesus was not the only voice speaking against the status quo. The Sermon on the Mount, however, was tantamount to a mission statement for the religious organization Jesus inspired. At one level, the Sermon on the Mount appears to be a talk in which Jesus inspires his listeners to do good deeds, to live simply, and to behave honorably. When we view the oration in the context of its first-century times, however, we can understand how it also is part of social conflict. Political and economic conditions were oppressive; resources were scarce; power imbalances existed; values were challenged; several sects tried to win the hearts, minds and loyalties of the people as many Jewish leaders cooperated with Roman rulers; and a variety of Jewish sects rivaled others for power and influence. These conditions are all situations that contributed to social conflict. Sound familiar? Many of these conditions and similar ones exist today. The Beatitudes provide a vision for life lived alternatively to power, prestige, status and the resultant competition and conflict. They showcase a way to handle social conflict that preserves the dignity and well-being of all while establishing and sustaining peace. The entire Sermon on the Mount, and especially the Beatitudes, functions as a defense against the ways and attitudes of the Roman Empire. As such, the Gospel is also, however, an invitation to personal and communal transformation for all,

where differences are honoured and the true exercise of power leads not to conflict and division but to unity and peace. Will we who struggle, like the rest of humanity, with the crisis of identities, choose self-serving power, prestige and status, or will we set foot on a different, alternative path characterized by humility and blueprinted by the Beatitudes? This alternative path and God's choice for those on the margins offer us much needed hope.

***Did You Know...The Penitential Act...***where we begin the work of developing a sense of humility and living in truth. *How do we live out what we pray when we ask God to be merciful to us? We are called to be honest with ourselves by reviewing our days and identifying times when we have been less than what God wants us to be. Acknowledge and accept our own imperfections. Do acts of kindness without calling attention to ourselves. Remember how good God has been to us, even though we have done nothing to deserve it. Direct praise towards others instead of seeking it for ourselves. Forgive others as God forgives us. Refrain from passing judgment on one another. Come back next week! Get ready for **The Liturgy of the Word** – next week's topic.*



Sacrament of Anointing

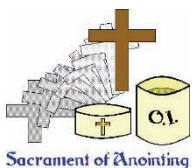
**THE SACRAMENT OF THE SICK** will be celebrated on **Saturday February 7<sup>th</sup>** following the 5:00 p.m. Mass. The ministers of the Anointing of the Sick are either priests or bishops. The oil used in administering this sacrament is called the Oil of the Sick. Canon law states that anyone who is in danger of death from an illness or suffering from the effects of old age can receive this sacrament. It is also appropriate to receive the sacrament prior to serious surgery. Of course, a person at the point of death may also be anointed in preparation for the journey home to God. **A blessing is not the same as the Anointing of the Sick. When this sacrament is celebrated, as we are doing following our celebration of the Sacrament of Eucharist, all church law and practice must be followed. Only the sick person is anointed; caregivers and family who are well are not.** Remember that you have just celebrated the Eucharist and have been blest during this source and summit of our lives as Catholic Christians. All are welcome to join us for light refreshments following the anointings. Those who are too sick to come to the celebration, please call the office to make arrangements to celebrate this sacrament. In hospital, contact the chaplaincy office and request a Catholic priest.



## **Anointing of the Sick**

***“Are there any who are sick among you? Let them send for the priests of the Church, and let the priests pray over them, anointing them with oil in the name of the Lord; and the prayer of faith will save the sick persons, and the Lord will raise them up; and if they have committed any sins, their sins will be forgiven them.”***

***(James 5:14-15)***



The Fathers of the second Vatican Council decreed that the Sacraments of the Church should be renewed so that we would return to their original intent and meaning. In the case of the Sacrament of the Sick, the old name of Extreme Unction was dropped and the ritual was revised so that it was not exclusively celebrated at the moment of death.

Times of mental or physical illness can be times of crisis in our lives that result in a time of loss, pain, and separation from others. Regardless, our loving God wants to be a part of our experience. God's presence and support can come in and through the Church – our community of faith. The kind words and help that we receive from others are a part of this for God often works through human hands. It is wise to remember that a part of the fullness of life is our spiritual lives with God, which began at Baptism and will inevitably lead to death and resurrection.

### **Who Confers Anointing of the Sick**

The only ministers of the Anointing of the Sick are priests and bishops. The oil used in administering this sacrament is called the Oil of the Sick. It is one of the three Holy oils blessed by the bishop of the diocese at his cathedral during the Chrism Mass celebrated every Holy Week. The essence of the sacrament lies in the actual anointing and the short prayer that accompanies the anointing. "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. May the Lord who frees you from sin save you and raise you up."

### **Who is the recipient of the Anointing of the Sick**

Canon law states that anyone who is in danger of death from an illness or from old age can receive this sacrament. Should a person's condition worsen, the sacrament may be repeated. The Catechism adds that it is also appropriate to receive the sacrament prior to serious surgery. Of course, a person at the point of death may also be anointed in preparation for the journey home to God. A person who is already deceased is not anointed, as Sacraments are for the living. Prayers for the dead are most appropriate.

### **How is the Sacrament Celebrated? What do I need to do?**

In common with all of the sacraments, this one is meant to be celebrated in community, although there is provision for it to be celebrated with just the sick person and the priest present. Quite often, the sacrament is requested by a relative or friend, a nursing home or a hospice. Hospital chaplains are called to celebrate this sacrament at hospital bedsides. When the sacrament is celebrated either at home or at a hospital bedside, it is ideal if the family of the sick person can gather for this ritual. The presence of others assures us that the Church is present in prayer. The Anointing of the sick can also take place within the celebration of Eucharist. We celebrate First Eucharist and Confirmation within the Eucharistic celebrations as well. It is important to note that prayers for the sick are part of every celebration of Eucharist, particularly during the Prayers of the Faithful. Quite often, priests are asked to bless someone who is suffering or preparing for surgery. **A blessing is not the same as the Anointing of the Sick. When this sacrament is celebrated within our celebration of the Sacrament of Eucharist, regardless of how many or few are anointed, all church law and practice must be followed. For example, only the sick person is anointed; caregivers and family who are well are not.** Again, if you are unsure, call your pastor.

### **What are the effects of the Sacrament of Healing?**

When we come face to face with our own mortality, we can experience great anxiety. The Anointing of the Sick can be a moment of grace, insight and growth as it unites us to Christ, who brings strength, consolation and hope. Jesus teaches us to embrace God's desires and reminds us that our Father is always loving and faithful... Through this sacrament, people receive forgiveness for their sins and comfort in their suffering; sometimes, they even experience the return of physical health. When you yourself are seriously ill or facing serious surgery, if you are elderly and slowly experiencing health issues, call to make an appointment to be anointed. If you are a relative or friend, ask for permission to make the call for them.

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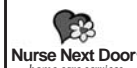
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