

ST. ANSELM'S PARISH

1 MacNaughton Road, Toronto, Ontario M4G 3H3

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Email: stanselmsto@archtoronto.org Website: stanselmsto.archtoronto.org



PARISH STAFF

Fr. Thomas Moore, Pastor
Deacon Daniel McPhee
Barrig Hayward, Administrative Assistant
Goody Cabral, Music Director & Cantor
Aloysius Chan, Organist

SUNDAY MASSES

Saturday: 5:00 p.m.
Sunday: 9:00 a.m.
11:00 a.m.

WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

PARISH OFFICE HOURS

Tuesday – Thursday 9:00 a.m. – noon;
1:00 p.m. – 4:00 p.m.

SACRAMENT OF BAPTISM

By appointment – Course Required

SACRAMENT OF MARRIAGE

Arrangements 12 months in advance
Marriage Course is required

SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

SOCIETY OF ST. VINCENT DE PAUL

Helping neighbours in need

St. Anselm's School

182 Bessborough Drive
Toronto, Ontario M4G 4H5
416-393-5243

Mass for Intentions Week

Tuesday, February 10th, 8:15 a.m.

Gerlindo and Rosetta Dalla Corte
Requested by the Family

Wednesday, February 11th, 8:15 a.m.

Bill Aust
Requested by the Family

Thursday, February 12th, 8:15 a.m.

Nuala O'Sullivan
Requested by the Family

Friday, February 13th, 8:15 a.m.

Salvatore and Rosaria Buffa
Requested by the Family

SHROVE TUESDAY PANCAKE SUPPER **TUESDAY, FEBRUARY 17th – 5:30-7:30pm** **Get Your Admission Tickets TODAY**



Tickets for our Pancake Supper will be available for purchase this weekend and next \$10 per person or \$25 for a family of three or more.

Exact cash would be appreciated. If you're planning on attending on the 17th, ***please consider buying your tickets ahead of time to give the organizers an idea of numbers for planning purposes.***

LENTEN BOOK CLUB WITH FR. TOM

All are welcome to join our next book club. Meeting dates are Tuesday mornings, ***February 24th, March 3^d and March 10th, from 10-11am.*** This time around, we will be discussing the novel "Wicked" by Gregory Maguire (not the same as the musical!)

If you are interested in participating, please let the parish office know by phone (416-485-1792) or email stanstelmsto@archtoronto.org

2025 TAX RECEIPTS ARE BEING MAILED

Please keep your eyes on your mailbox this week as all who donated through the collection basket or Parish PAG should receive their 2025 tax receipt in the mail by Friday, February 13th. Please keep it in a safe place!



For the Love of Creation (FLC) is a faith-based initiative for climate justice. Members come together "as people of faith in the hopes of making a meaningful contribution in the next decade towards a sustainable future for all life on the planet". FLC members brought a unified faith-based voice to COP30, "accompanying global efforts for climate justice and integral ecology. Delegations from KAIROS Canada, The United Church of Canada, Development and Peace-Caritas Canada, and the Office of Religious Congregations for Integral Ecology (ORCIE) and others, participated in advocacy, dialogue, and public witness, lifting up the moral urgency of climate action rooted in care for creation and solidarity with communities most affected by the climate crisis". (FLC Update Jan/26 fortheloveofcreation.ca/) **Faiths4Climate Conversations 2026**, "As part of World Interfaith Harmony Week 2026, Faith & the Common Good, EnviroMuslims, ISNA Canada, Shoresh, the Jesuit Forum for Social Faith and Justice, Green Ummah and the Reconnection Project are working together to host their 3rd Faiths4Climate Conversations". This full-day event "consists of panel discussions, presentations, networking and an exhibitor showcase, highlighting the need for interfaith collaboration and the importance of diverse perspectives when tackling the most pressing issue of our time: climate change". This annual gathering is organized to discuss "the intersection of faith teaching and environmental stewardship". Event is Sunday, February 8 at **ISNA Canada** in Mississauga. Cost is \$10.00 including meals. To register: **[Register Now! – Faiths4Climate Conversations 2026 – ISNA Canada](#)**

GOOD SHEPHERD CASSEROLES

Group B casseroles will be collected **Saturday, February 21st from 4-5pm** in the church parking lot.

Please call the parish office or email Yvonne.gray@bell.net if you would like information about the provide-a-meal program in our parish. Each casserole feeds TEN hungry individuals!

Isa 58:6-10 Psalm 112

1Cor 2:1-5 Matt 5:13-16

You Are Light...You Are Salt...



In today's readings, dynamic verbs underline the importance of charitable acts, while powerful metaphors remind us of the source of all power. Isaiah begins by outlining what our exterior lives should look like. He directs us to shelter the poor, feed the hungry, clothe the naked and let the oppressed go free. Jesus emphasizes the importance of good works — calling us forth into the world — and also brings us inward, to our very souls. He demands that we recognize our goodness, and, more importantly, the source of that goodness. We are the salt of the earth, the light of the world! How dare we lose our saltiness or hide our light under a bushel basket! Our good works reflect the divine spark that lives within us; if we deny our own goodness, we refuse to give glory to the Father and then others cannot see his glory reflected in us. Jesus is a great teacher and always chooses his metaphors wisely. Calling us "the salt of the earth" is particularly powerful. Besides adding flavour to food, salt provides an inhospitable environment for most bacteria. Salt can brighten colors, eliminate mold and mildew, put out grease fires and exfoliate dead, dry skin. To brighten and cleanse: Is this what is expected of us?

Discipleship is difficult, especially in the midst of our harried daily lives; the demands are many and the hours are few. It may seem like too much to ask of us, to be salt and light. Author Caroline Myss tells this story of a near-death experience in her book "Invisible Acts of Power" (HayHouse.com) that illustrates just how simple yet profound our presence can be. It all began with a horrific car accident. *As emergency crews struggled to remove the victim from her car, her spirit floated above the wreckage and observed the scene below. She noted that a sea of disgruntled motorists surrounded the crash scene. Concerned only with themselves, they complained bitterly about being delayed. One motorist stood apart from the rest. She decided to pray for all involved in the accident, and as she did so, the accident victim saw a warm, golden light burst from the woman's car and enfold the*

entire accident scene in light. The victim took note of the license plate number of the praying motorist and, after a six-month recuperation, arrived at her door with a bouquet of flowers.

Isaiah tells us that our light will break forth like the dawn dispelling the gloom. How can we be salt for the earth? Sometimes all it takes is a decision to pray rather than to curse. St. Teresa of Avila, prominent 15th-century Spanish mystic and Carmelite nun, has much to say about embodying Christ in daily life. Her powerful reflections have found their way into our present-day liturgical music. John Michael Talbot put Teresa's thoughts into his "**St. Theresa's Prayer**":

Christ has no body now but yours

No hands, no feet on earth but yours

Yours are the eyes through which He looks

Compassion on this world.

Yours are the feet with which He walks to do good

Yours are the hands with which He blesses all the world

Yours are the hands

Yours are the feet

Yours are the eyes

You are His body. ...

Christ has no body now on earth but yours.

Let us use our hands, our eyes, our feet to bless this world. We don't need special qualifications. We don't need to do monumental things. A hand held, a grief shared, a joy celebrated, a prayer said - that is enough. Amen.

Did You Know...The Liturgy of the Word...*In the Liturgy of the Word. We begin the work of recognizing the extraordinary context in which our lives take place so that we can share that good news with others. We leave Mass with confidence in the present and hope for the future because of the evidence we find of God's saving action in the past. Through the Scripture readings, we are reminded of God's great deeds, prompting us to exclaim, "Thanks be to God!" and 'Praise to You Lord Jesus Christ!' They illustrate that God is most easily recognized through the rear view mirror and is closer than he appears. Scripture readings are powerful reminders that God has taken the initiative and has accomplished many marvelous deeds throughout salvation history. They tell us the story of how God has already acted in the past, taking the initiative to reconcile us to himself. Now it is up to us to respond. How are we to put the message of God's Word into action in our lives right here and right now – suggestions next week.*

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