

ST. ANSELM'S PARISH

1 MacNaughton Road, Toronto, Ontario M4G 3H3

Phone: 416-485-1792 Fax: 416-485-4920

Email: stanselmsto@archtoronto.org Website: stanselmsto.archtoronto.org



PARISH STAFF

Fr. Thomas Moore, Pastor
Deacon Daniel McPhee
Barrig Hayward, Administrative Assistant
Goody Cabral, Music Director & Cantor
Aloysius Chan, Organist

SUNDAY MASSES

Saturday: 5:00 p.m.
Sunday: 9:00 a.m.
11:00 a.m.

WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

PARISH OFFICE HOURS

Tuesday – Thursday 9:00 a.m. – noon;
1:00 p.m. – 4:00 p.m.

SACRAMENT OF BAPTISM

By appointment – Course Required

SACRAMENT OF MARRIAGE

Arrangements 12 months in advance
Marriage Course is required

SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

SOCIETY OF ST. VINCENT DE PAUL

Helping neighbours in need

St. Anselm's School

182 Bessborough Drive
Toronto, Ontario M4G 4H5
416-393-5243

Mass for Intentions Week

Tuesday, May 26th, 8:15 a.m.

For the Deceased Members of the Kalita Family

Wednesday, May 27th, 8:15 a.m.

Lenore McGuire and the Deceased Members of the McGuire Family

Requested by René Pelletier

Thursday, May 28th, 8:15 a.m.

For the Deceased Members of the Aust Family

Friday, May 29th, 8:15 a.m.

For Peace and Care of Creation

Requested by EcoAnselm

Your gift to ShareLife invests in the future of our Church

Your support of ShareLife helps form future priests—men who will listen, accompany, comfort, and offer Christ to the world. Rev. James Cyfko spent a decade in formation at St. Augustine’s Seminary, preparing to lay down his life for the people of God.

“I deeply appreciate the ongoing charity of ShareLife,” says Rev. James Cyfko. “I am eager to give back to the community which has helped me focus on faithfully following my vocational calling.” Your devotion lifts the burden of financial worry, enabling men to embrace God’s call fully in preparation for a life of service.

Next Sunday, May 31 is the third ShareLife Sunday collection of the year.

Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.

May – the month of Mary

Honouring the Blessed Virgin Mary during the month of May began near the end of the 13th century. We acknowledge that she is the mother of Jesus, the mother of the Church and therefore our mother as well. Her particular vocation is to show Jesus to the world and invite us into deeper relationship with Him. She not only prays with us, but prays for us, so that we may know and do God’s will.

The Rosary is an “old friend” that invites us to reflect on the mystery of Jesus, how He touched Mary’s life and continues to be present to His Church. It is a simple and beautiful meditation. The Rosary can be quite calming in

times of stress and anxiety, as it brings us into God’s loving and healing presence.

When we pray the Rosary, let us remember to pray for peace, justice and the care of creation.



“Best Before” OR “Expired” ???

BILLIONS of dollars of perfectly good food is **WASTED** every year across Canada due to confusion over labels. It is estimated that awareness plus clarity on labels could save a household \$300 annually and significantly reduce food waste. “**BEST BEFORE**” indicates peak quality but has “nothing to do with safety”.

“**EXPIRY**” is indicated when safety is a factor e.g. on baby formulas. Health Canada advises that products **NOT** be consumed after their **EXPIRY** dates.

Second Harvest estimates that **58 billion dollars’** worth of food across Canada is **AVOIDABLE**. Proper storage and freezing of food unused by its **Best Before** date are doable strategies for reducing food waste. (CTV National News with Heather Butts, May 17, 2026)

“That everyone might have food” is the prayer intention of Pope Leo for the month of May. Join Catholics worldwide in praying that everyone “be committed to avoiding wasting food” and to ensuring that “everyone has access to quality food”.

www.usccb.org/prayers/popes-monthly-intentions-2026

“Help Mums Choose Life for Themselves and their Babies!”

Aid to Women is conducting a Baby Bottle for Life fund raising campaign at St. Anselm. Return the filled bottles at all the Masses on Father’s Day weekend, June 20th and 21st. Please support Aid to Women so they can continue their very important ministry and say YES to life.”

After Victoria Day weekend, attendance at Mass tends to take a dip as many parishioners begin to spend summer weekends at their cottages or travelling. The needs of those less fortunate who seek help from St. Vincent de Paul exist year-round. Please consider a lump-sum gift to St. Vincent de Paul's poor box after Mass to help them provide for those in need during the summer months.

Acts 2:1-11

1 Corinthians 12:3b-7,12-13

LIGHT AND LOVE

Ps 104

John 20:19-23



Today we celebrate Pentecost, the feast of God's Spirit filling the earth with all her creatures and cultures. To what does this feast invite us? Beginning with the Gospel of John, we can see the progression of the early church's reflection on the Spirit's effects on the Christian community. John begins by

opening a window on what looks like the room where the disciples had recently celebrated the Passover with Jesus. But now, after his death, they had locked the doors and gathered together in fear. Without warning, Jesus stood among them and bade them shalom. Showing them the marks of his wounds, he again bade them peace. Then, summarizing what he had said during their last supper and mirroring God's gift of life to the first humans (*Genesis 2:7*), Jesus breathed his Spirit into them and commissioned them to carry on his own vocation. Luke tells a version of this same story in Acts, describing how the disciples had encountered Jesus over a period of 40 days. Then, after spending 10 days waiting and praying together, the Spirit of God shook them out of all inertia, impelling them to assume their apostleship.

Thus began an incredible, centuries long adventure of broadening horizons. Starting with the disciples' amazing experience of being able to tell the Jesus story to Jews "from every nation under heaven," this adventure would continue for centuries, sending disciples to all the peoples and cultures of the world. Although impelled by the Spirit, this evangelical adventure was never easy. At each new step of the way, Christians needed to broaden their outlook, question their dogmatic assumptions and ask the Spirit for guidance. What

does Pentecost mean today? In the 21st century, when no part of the world is unreachable and every language is translatable in an instant, Pope Francis told us in *Fratelli Tutti* that it is time to appreciate the unavoidable "and blessed awareness that we are all part of one another" and can "no longer think in terms of 'them' and 'those,' but only 'us.'" As we celebrate God's Spirit present throughout creation, let us abandon our locked-up mentalities and venture into mind and soul-stretching interchanges with the wild and wonderful variety of the Spirit's manifestations in our world. Pentecost is the feast of locked doors - that are suddenly blown open! It's the feast of isolation, fear, suspicion, betrayals, abandonment, and near despair - all dismissed by a resurrected Jesus whose first spoken words are "Peace be with you." No recriminations. No finger-pointing. No blaming. Only words of forgiveness. Pentecost is the feast that reminds us that a bunch of people, who wanted to do nothing else but sneak away, go into hiding and wallow in their guilt and shame, experienced the Spirit of second chances who breaks down the door and, with a love so vast, the ugliest kind of guilt and humiliation is instantly forgiven. The Spirit of new life rushes in like a great wind and embraces each one of them with a sense of peace so profound that the doors of their souls fly open and a great fire lights their hearts. Then, an even greater surprise takes place: Jesus chooses them - the very ones who abandoned and betrayed him - to be the wounded, forgiven healers that are to preach the good news of God's great love and mercy. The very ones who handed him over now become the same ones who will begin a new community - a community eventually consisting of people like you and me. Pentecost, the feast of locked doors, becomes a feast of confrontation, of challenge. It doesn't just let us sit back and be amazed at its great imagery of fire and wind and blown-open doors. It demands that each of us search our own soul in answer to the challenge of deep self-exploration: Where are the locked doors in your life? Where do you find your own self isolated in fear, living behind emotionally sealed doors, hanging on to anger and refusing to come out of hiding? Pentecost is not just something miraculous and stupendous that happened some 2,000 years ago. It's an event that needs to happen in each of our lives - now!

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