

# ST. ANSELM'S PARISH

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## PARISH STAFF

Fr. Thomas Moore, Pastor  
Deacon Daniel McPhee  
Barrig Hayward, Administrative Assistant  
Goody Cabral, Music Director & Cantor  
Aloysius Chan, Organist

## SUNDAY MASSES

Saturday: 5:00 p.m.  
Sunday: 9:00 a.m.  
11:00 a.m.

## WEEKDAY MASSES

Tuesday - Friday: 8:15 a.m.

## PARISH OFFICE HOURS

Tuesday – Thursday 9:00 a.m. – noon;  
1:00 p.m. – 4:00 p.m.

## SACRAMENT OF BAPTISM

By appointment – Course Required

## SACRAMENT OF MARRIAGE

Arrangements 12 months in advance  
Marriage Course is required

## SACRAMENT OF RECONCILIATION

Saturdays 4:00-4:30 p.m.

## MEDITATION GROUP

Meets in the Parish Hall Tuesday at 8:45 a.m.

## SOCIETY OF ST. VINCENT DE PAUL

Helping neighbours in need

## St. Anselm's School

182 Bessborough Drive  
Toronto, Ontario M4G 4H5  
416-393-5243

# Mass for Intentions Week

**Tuesday, June 2<sup>nd</sup>, 8:15 a.m.**

Freeman and Iona D'Silva

Requested by Christopher, Aubrey & Melanie D'Silva

**Wednesday, June 3<sup>rd</sup>, 8:15 a.m.**

For the Intentions of Irene Wolff

Requested by the Family

**Thursday, June 4<sup>th</sup>, 8:15 a.m.**

Mary DeCarlo

Requested by the Withers Family

**Friday, June 5<sup>th</sup>, 8:15 a.m.**

Evelyn Whalley

Requested by Theresa Ryan

**"Help Mums Choose Life for Themselves and their Babies!"**

Aid to Women is conducting a Baby Bottle for Life fund raising campaign at St. Anselm. Return the filled bottles at all the Masses on Father's Day weekend, June 20<sup>th</sup> and 21<sup>st</sup>. Please support Aid to Women so they can continue their very important ministry and say YES to life."

**ShareLife Sunday collections take place this weekend, celebrating 50th anniversary**

Today is our third weekend of special collections for ShareLife Sunday. Reverence for life at all stages has been a core principle of ShareLife since its founding in 1976. We recognize the sacredness of life from conception to natural death. ShareLife-funded agencies uphold this value in everything they do, bringing hope, healing, and compassion to those who need it most.

This mission of love is witnessed at Rose of Sharon, where Executive Director Deanne Kukulewich gratefully notes that "your commitment to ShareLife is an investment in young parents and their futures, fostering a community where everyone has the opportunity to thrive."

So far, our parish campaign at St. Anselm's has raised \$53,946.31. We are at just under 50% of our 2026 goal of \$111,000.

Please give through the parish using a ShareLife envelope, online through our parish website, or at [sharelife.org/donate](http://sharelife.org/donate).



**"Best Before" OR "Expired" ???**

**BILLIONS** of dollars of perfectly good food is **WASTED** every year across Canada due to confusion over labels. It is estimated that awareness plus clarity on labels could save a household \$300 annually and significantly reduce food waste. **"BEST BEFORE"** indicates peak quality but has **"nothing to do with safety"**.

**"EXPIRY"** is indicated when safety is a factor e.g. on baby formulas. Health Canada advises that products **NOT** be consumed after their **EXPIRY** dates.

Second Harvest estimates that **58 billion dollars'** worth of food across Canada is **AVOIDABLE**. Proper storage and freezing of food unused by its Best Before date are doable strategies for reducing food waste. (CTV National News with Heather Butts, May 17, 2026)

**"That everyone might have food"** is the prayer intention of Pope Leo for the month of May. Join Catholics worldwide in praying that everyone **"be committed to avoiding wasting food"** and to ensuring that **"everyone has access to quality food"**.

[www.usccb.org/prayers/popes-monthly-intentions-2026](http://www.usccb.org/prayers/popes-monthly-intentions-2026)



St. Vincent de Paul has received a request from a homebound neighbour in need who is hoping for a gently used iPad. If you have one that is going unused, please call the parish office at 416-485-1792.

**Exod 34:4b-6, 8-9 Dan 3:52-56**

**2 Cor 13:11-13 John 3:16-18**



**GLORY AND PRAISE  
FOREVER!**

In today's Gospel passage, we hear the end of Jesus' conversation with Nicodemus - a conversation that has inspired one of the most oft-repeated, if not necessarily well understood, slogans in Christianity. Before the lines we hear, Jesus had told Nicodemus that one had to be born again to see the kingdom of God, indicating that discipleship brings a new understanding of absolutely everything. Then, in the passage we hear today, Jesus reverses normal expectations about God, salvation and judgment. Whereas religions often slip into portraying God as the lawmaker, cop and judge upholding established order, Jesus describes God as the one whose excess of love cannot be adequately expressed without sending the Son to incarnate that love in the world. In Jesus' view, God makes an offer and human beings take on the role of judging. Those who decide that the offer is worthwhile give themselves wholly over to it; those who do not, exclude themselves from the life God would give. There is no middle ground. The readings we hear on this Solemnity of the Trinity teach us to plant our feet firmly in creation in order to encounter the Triune God. They call us to abandon the confines of any narrowly "religious" conception of divinity in order to know our Creator, Redeemer and the Source of our union with God and one another. The first reading invites us to be surprised with Moses at the tenderness of the God who gave the Law to lead us to life. Paul reminds us that communion is the way we come to know God. In his conversation with Nicodemus, Jesus teaches us that God is love, offers only love, and has sent the Son to lead us to love. Rather than being a feast for scholars, this is a celebration for lovers - and it is none other than God who invites us in to share the divine life of love. The Solemnity of the Trinity is unique in our liturgical calendar as the only Sunday that focuses directly on the mystery of God's being, rather than on the life and mission of Jesus. We could approach this solemnity in the company of medieval theologians trying to grasp God's mysterious triune nature, but the readings the church has selected lead us in an entirely

different direction. Our readings talk much more about what God does than what God is. These readings aim at leading us to contemplate and celebrate God's great love for us.

Because of our human limitations, we can only know God in human ways but life is filled with glimpses into the divine. A couple plays a game with their young child, the husband whispering messages to the boy to take to his mother, she sending him back in delight to express her thoughts to his father. The game reveals the essence of love. The child who conveys each message *is* the message between his parents. He is the word made flesh, the expression of their love for one another. This, too, is more than biology or genetics. It is mystery. A dating couple reaches the moment when they want a potential mate to meet their parents. But they already have, for each of us contains and reveals our family. The father is in the son, the mother is in the daughter, the parents are in their children. Human life in all its aspects, joyful, sorrowful and glorious, is a continual encounter with grace revealed in nature, God present in everything. At table, we divide food but multiply friendship. In service and work, we spend our bodies but increase our spirits. Alone, we hear a voice whispering in our consciousness, moving us with inexpressible longing to find communion with others. Every chance meeting is grounds for celebration, as glances and gestures remind us we are not alone, but always pointed toward love as our purpose and greatest joy. In friendship, we surrender ourselves to one another in trust, and in this imitation of God's inner life of mutual self-emptying, we participate in the Trinity. Life itself is preparing us for an eternity in the community of God.

**GOOD SHEPHERD CASSEROLE SUMMER  
COLLECTION SCHEDULE**

**GROUP B – June 20**

**GROUP A - July 18**

**GROUP B - August 15**

**Collection of frozen casseroles will take place on the third Saturday of each month in the church parking lot from 4:00-5:00pm. Thank you for your continued support of this important ministry throughout the summer months.**

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